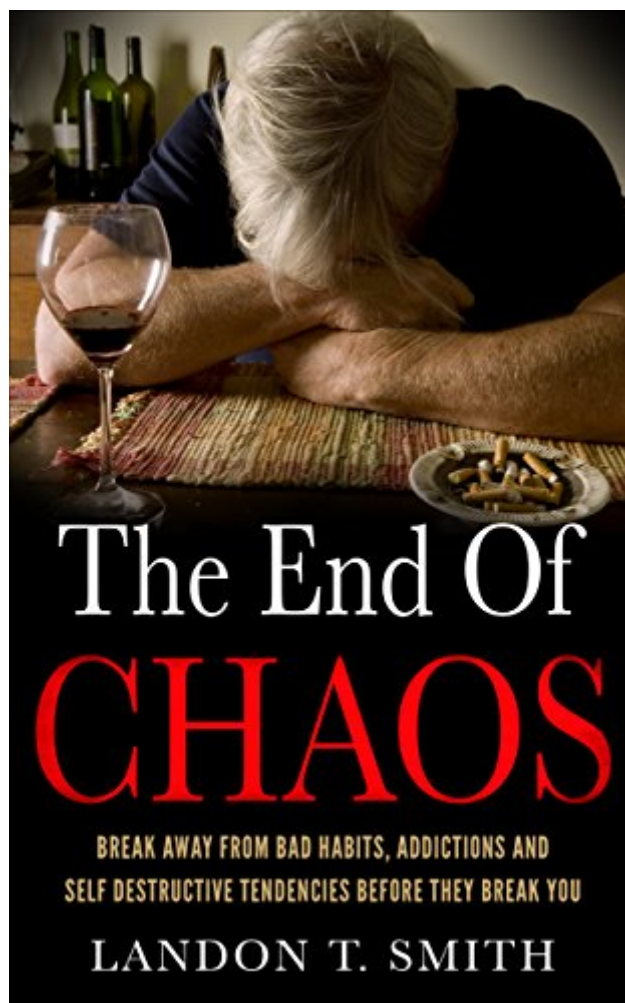


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The End Of Chaos: Break Away From Bad Habits, Addictions And Self Destructive Tendencies Before They Break You



Synopsis

We all have things in our lives that we would prefer to overcome. Addictions, bad habits and actions that can do us more harm than good tends to plague our everyday lives. We seek relief, but only find frustration, shame and suffering. It seems that everyone around us has some kind of system to overcoming our drinking, overeating, being a workaholic or other problems, but these things never seem to stick. Is it maybe because we are so focused on changing the external problems that we never think that the problem might actually lie within us? With *The End Of Chaos: Break Away From Bad Habits, Addictions And Self Destructive Tendencies Before They Break You*, you will find that the solution to your addictions aren't finding some kind of external program that will make all of the bad things go away, but rather you will find a philosophy designed to change you from being a victim of your own weaknesses to a victor, able to overcome these things that have held you down for so long. Whether you're an alcoholic, someone who struggles with pornography or a person who has a slew of bad habits and no idea how to fix them, this book is what you need. You won't find trite advice or simple solutions, but rather you will find a roadmap that will point you to the recovery that you so desperately need to achieve. It isn't easy and it's not fun, but with our help, you will have long-lasting change in your life!

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